

## Relevant Information on Pru Life UK's Training and Development Programmes for the Year 2019

### Part 1. SUMMARY

Ranks	Average Training Hours	Equivalent Number of Days
VP and up	6.40	0.80
AM to AVP	29.61	3.70
Staff to Supervisor	21.58	2.70

### Part 2. INTERNAL TRAININGS

#### 1. Statutory Trainings

##### a. Hepatitis B Awareness and Prevention

Date Held	October 22, 2019
Number of hours	2 hours
Number of employees eligible/ required to join	Open to all PLUK employees
Number of employees who attended	24
VP and up	1
AM to AVP	4
Staff to Supervisor	19

##### b. Sexually Transmitted Diseases/HIV

Date Held	October 22, 2019
Number of hours	2 hours
Number of employees eligible/ required to join	Open to all PLUK employees
Number of employees who attended	24
VP and up	1
AM to AVP	4
Staff to Supervisor	19

c. Drug Free Workplace

Date Held	October 22, 2019
Number of hours	2 hours
Number of employees eligible/ required to join	Open to all PLUK employees
Number of employees who attended	24
VP and up	1
AM to AVP	4
Staff to Supervisor	19

d. Tuberculosis

Date Held	October 22, 2019
Number of hours	2 hours
Number of employees eligible/ required to join	Open to all PLUK employees
Number of employees who attended	24
VP and up	1
AM to AVP	4
Staff to Supervisor	19

e. First Aid

Date Held	March 18-19, 2019
Number of hours	48 hours
Number of employees eligible/ required to join	Open to all PLUK employees
Number of employees who attended	17
VP and up	0
AM to AVP	1
Staff to Supervisor	16

## 2. Annual Compliance Refresher Training (Computer-based Training)

### a. Anti-Money Laundering and Counter-terrorist Financing

Date Held	August 22 – September 29
Number of employees eligible/ required to join	745
Number of employees who attended	740

### b. Anti-Bribery and Corruption

Date Held	August 22-September 29
Number of employees eligible/ required to join	745
Number of employees who attended	740

### c. Corporate Governance Manual

Date Held	September 25-November 15
Number of employees eligible/ required to join	738
Number of employees who attended	670

### d. Fraud Prevention and Awareness

Date Held	November 26-December 31
Number of employees eligible/ required to join	740
Number of employees who attended	735

### e. Conflict of Interest

Date Held	November 20-December 31
Number of employees eligible/ required to join	742
Number of employees who attended	738

### f. Inside Information and Information Barrier

Date Held	September 26, 2019 – January 03, 2020
Number of employees eligible/ required to join	708
Number of employees who attended	691

### g. Competition Law Policy

Date Held	September 26, 2019 – January 03, 2020
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Number of employees eligible/ required to join	708
Number of employees who attended	687

### 3. Technical

#### a. Advanced Microsoft Excel

Dates Held:	Jan 24-25; May 21-22; Aug 13-14; Oct 21-22
Number of Hours:	16 hours per session, 64 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	56
- Number of VP and up:	1
- Number of AM to AVP:	5
- Number of Staff to Supervisor:	50

#### b. Data Storytelling for Business

Dates Held:	July 11-12, 2019, Sep 19-20
Number of Hours:	16 hours per session, 32 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	39
- Number of VP and up:	0
- Number of AM to AVP:	16
- Number of Staff to Supervisor:	23

### 4. Business Communications

#### a. Business Communications IIA: Effective Business Writing

Dates Held:	June 13-14
Number of Hours:	16 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	21
- Number of VP and up:	0
- Number of AM to AVP:	1
- Number of Staff to Supervisor:	20

#### b. Business Communications IIB: Delivering High Impact Presentations

Dates Held:	March 7-8, 2019 and Aug 19-20
Number of Hours:	16 hours per session, 32 hours in total
Number of Employees Eligible/Required to Join:	345
Number of Employees who attended:	21

- Number of VP and up:	0
- Number of AM to AVP:	4
- Number of Staff to Supervisor:	17

## 5. Personal Effectiveness

### a. Harnessing the Power of EQ in Employee Engagement

Dates Held:	March 1; May 7; Jul 4; Sep 10; Nov 7
Number of Hours:	8 hours per session; 40 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	90
- Number of VP and up:	0
- Number of AM to AVP:	4
- Number of Staff to Supervisor:	86

### b. Harnessing the Power of Emotional Intelligence in Leadership

Dates Held:	Feb 15; May 3; Jul 5
Number of Hours:	8 hours per session, total of 24 hours
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	43
- Number of VP and up:	1
- Number of AM to AVP:	36
- Number of Staff to Supervisor:	6

### c. 7 Habits of Highly Effective People

Dates Held:	Feb 6-8; Apr 2-4; June 13-14 & 17; Jul 17-19; Aug 13-14 & 22
Number of Hours:	24 hours per session, 96 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	43
- Number of VP and up:	1
- Number of AM to AVP:	36
- Number of Staff to Supervisor:	6

### d. Discovery: Knowing Your Strengths

Dates Held:	Jan 22; April 11; Aug 5,
Number of Hours:	8 hours per session, 24 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	
- Number of VP and up:	55
- Number of AM to AVP:	0

- Number of Staff to Supervisor:	0
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e. Generations in the Workplace: Leveraging Age Diversity

Dates Held:	Jan 21; Oct 11; Nov 5
Number of Hours:	8 hours per session, 24 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	41
- Number of VP and up:	0
- Number of AM to AVP:	3
- Number of Staff to Supervisor:	38

f. This or That (Making High Quality Decisions)

Dates Held:	Feb 19; May 6
Number of Hours:	8 hours per session, 24 hours in total
Number of Employees Eligible/Required to Join:	All Employees
Number of Employees who attended:	33
- Number of VP and up:	0
- Number of AM to AVP:	0
- Number of Staff to Supervisor:	33

**6. New People Manager**

a. Managing at PRU

Dates Held:	May 8-10
Number of Hours:	24 hours per session
Number of Employees Eligible/Required to Join:	Newly promoted employees to a managerial role
Number of Employees who attended:	11
- Number of VP and up:	0
- Number of AM to AVP:	6
- Number of Staff to Supervisor:	5

**7. Manager and Leader Series**

a. Fostering Innovation

Dates Held:	April 21
Number of Hours:	8 hours per session
Number of Employees Eligible/Required to Join:	Managers and Leaders

Number of Employees who attended:	21
- Number of VP and up:	0
- Number of AM to AVP:	8
- Number of Staff to Supervisor:	13

b. Making High Quality Decisions

Dates Held:	April 24; May 7
Number of Hours:	8 hours per session, 16 hours in total
Number of Employees Eligible/Required to Join:	Managers and Leaders
Number of Employees who attended:	37
- Number of VP and up:	0
- Number of AM to AVP:	22
- Number of Staff to Supervisor:	15

c. Discovery: Knowing Your Strengths / 4 Disciplines of High-Performance Leaders

Dates Held:	March 20-22 & Aug 16
Number of Hours:	32 hours per session
Number of Employees Eligible/Required to Join:	Managers and Leaders
Number of Employees who attended:	23
- Number of VP and up:	0
- Number of AM to AVP:	19
- Number of Staff to Supervisor:	4

d. Managing Performance of Others

Dates Held:	June 17-18
Number of Hours:	16 hours per session
Number of Employees Eligible/Required to Join:	Managers and Leaders
Number of Employees who attended:	9
- Number of VP and up:	1
- Number of AM to AVP:	6
- Number of Staff to Supervisor:	2

e. Coaching Program for Managers

Dates Held:	Jul 22-24; Aug 14-16; Sept 4-6; Oct 9-11
Number of Hours:	24 hours per session, 96 hours in total
Number of Employees Eligible/Required to Join:	Managers and Leaders
Number of Employees who attended:	30

- Number of VP and up:	0
- Number of AM to AVP:	30
- Number of Staff to Supervisor:	0

f. Coaching Program for Leaders

Dates Held:	Jul 18-19; Sep 16-17
Number of Hours:	16 hours per session; 32 hours in total
Number of Employees Eligible/Required to Join:	Managers and Leaders
Number of Employees who attended:	15
- Number of VP and up:	1
- Number of AM to AVP:	14
- Number of Staff to Supervisor:	0